

## Professor Jose Maria Valderas

**Designations:**

Head, Department of Family Medicine, National University Health System (NUHS)  
Director, Centre for Health Services Research (NUHS)  
Professor, Division of Family Medicine, Yong Loo Lin School of Medicine, National University of Singapore (NUS)

**Qualifications:**

Lic. Med. Cir., University of Barcelona, Spain  
Specialist in Family and Community Medicine, Ministry of Education, Spain  
MPH, Pompeu Fabra University, Spain  
PhD, Pompeu Fabra University, Spain

Professor Valderas is the Head of the Department of Family Medicine at NUHS. He has worked as a General Practitioner in the UK, Spain and in a variety of environments, including developing countries for very brief periods (Tindouf and The Gambia). As an Academic General Practitioner, with a commitment to research that is relevant for decision making in clinical practice and health policy, he has held substantive appointments at the Universities of Exeter, Oxford, Manchester and Johns Hopkins and visiting appointments at the London School of Economics and the universities of Paris and Sydney. He has received funding from OECD, and public funding bodies and charities in the UK, Spain and Norway, participated in ca. 70 research projects and authored over 200 publications. He is Field Chief Editor for Frontiers in Health Services and has served on multiple editorial boards and committees. He is devoted to undergraduate and postgraduate teaching that meets the needs of the future health and research workforce. He has provided expert advice to the World Health Organization (WHO) and the Organisation for Economic Co-operation & Development (OECD). He has been elected by his peers as chairman of the Working Party on Quality & Safety, World Organisation of Family Doctors (WONCA) and previously as President of the International Society for Quality of Life Research (2017-2019).

### Awards

2017-2021 Clinical Excellence Award, Department of Health and Social Care (DHSC), United Kingdom

### Research Interests

- Patient reports on their health and care for health policy decision making and clinical practice
- Evaluation and improvement of quality, safety, and outcomes of Primary Care
- Models of care that meet the needs of patients with multimorbidity

- Patient involvement in their own safety

## Journals & Publications

1. Davey AF, Coombes J, Porter I, Green C, Mewse AJ, Valderas JM. Development of a conceptual model for research on cyclical variation of patient reported outcome measurements (PROMs) in patients with chronic conditions: a scoping review. *J Patient Rep Outcomes*. 2021 Nov 4;5(1):117. doi: 10.1186/s41687-021-00395-x. PMID: 34735641; PMCID: PMC8568745.
2. Gangannagaripalli J, Albagli A, Myers SN, Whittaker S, Joseph A, Clarke A, Matkin L, Alonso J, Byock I, van den Berg M, Canfield C, Chaplin J, Dapuetto J, de Almedia Fleck MP, Sidey-Gibbons C, Hazelzet J, Hess R, Immonen K, Joyner S, Katz C, Kerrigan C, Lam C, Lunn J, McKenzie F, Roeves A, Stowell C, Switaj T, Tinsley M, Zimlichman E, Valderas JM. A Standard Set of Value-Based Patient-Centered Outcomes and Measures of Overall Health in Adults. *Patient*. 2021 Nov 1. doi: 10.1007/s40271-021-00554-8. Epub ahead of print. PMID: 34719774.
3. Gibbons C, Porter I, Gonçalves-Bradley DC, Stoilov S, Ricci-Cabello I, Tsangaris E, Gangannagaripalli J, Davey A, Gibbons EJ, Kotzeva A, Evans J, van der Wees PJ, Kontopantelis E, Greenhalgh J, Bower P, Alonso J, Valderas JM. Routine provision of feedback from patient-reported outcome measurements to healthcare providers and patients in clinical practice. *Cochrane Database Syst Rev*. 2021 Oct 12;10(10):CD011589. doi: 10.1002/14651858.CD011589.pub2. PMID: 34637526; PMCID: PMC8509115.
4. Porter I, Davey A, Gangannagaripalli J, Evans J, Bramwell C, Evans P, Gibbons C, Valderas JM. Integrating Patient Reported Outcome Measures (PROMs) into routine nurse-led primary care for patients with multimorbidity: a feasibility and acceptability study. *Health Qual Life Outcomes*. 2021 Apr 26;19(1):133. doi:10.1186/s12955-021-01748-2. PMID: 33902607; PMCID: PMC8074460.
5. Ricci-Cabello I, Yañez-Juan AM, Fiol-deRoque MA, Leiva A, Llobera Canaves J, Parmentier FBR, Valderas JM. Assessing the Impact of Multi-Morbidity and Related Constructs on Patient Reported Safety in Primary Care: Generalized Structural Equation Modelling of Observational Data. *J Clin Med*. 2021 Apr 20;10(8):1782. doi: 10.3390/jcm10081782. PMID: 33923906; PMCID: PMC8073542.
6. Ricci-Cabello I, Gangannagaripalli J, Mounce LTA, Valderas JM. Identifying Factors Leading to Harm in English General Practices: A Mixed-Methods Study Based on Patient Experiences Integrating Structural Equation Modeling and

Qualitative Content Analysis. J Patient Saf. 2021 Jan 1;17(1):e20-e27.  
doi:10.1097/PTS.0000000000000669. PMID: 32175959.

7. Valderas JM, Gangannagaripalli J, Nolte E, Boyd CM, Roland M, Sarria-Santamera A, Jones E, Rijken M. Quality of care assessment for people with multimorbidity. J Intern Med. 2019 Mar;285(3):289-300. doi: 10.1111/joim.12881. PMID: 30719790.
8. Muth C, Blom JW, Smith SM, Johnell K, Gonzalez-Gonzalez AI, Nguyen TS, Brueckle MS, Cesari M, Tinetti ME, Valderas JM. Evidence supporting the best clinical management of patients with multimorbidity and polypharmacy: a systematic guideline review and expert consensus. J Intern Med. 2019 Mar;285(3):272-288. doi: 10.1111/joim.12842.
9. Kluge H, Kelley E, Barkley S, Theodorakis PN, Yamamoto N, Tsoy A, Aiypkhanova A, Ganesh V, Hipgrave DB, Peterson SS, Valderas JM, Mossialos E. How primary health care can make universal health coverage a reality, ensure healthy lives, and promote wellbeing for all. Lancet. 2018 Oct 20;392(10156):1372-1374. doi: 10.1016/S0140-6736(18)32482-6. PMID: 30343844.
10. Valderas JM, Starfield B, Sibbald B, Salisbury C, Roland M. Defining comorbidity: implications for the understanding of health and health services. Ann Fam Med 2009;7:357-63

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