

Prof Doris Young Yee Ling



Designations:

Head, Department of Family Medicine, National University Health System (NUHS)
Professor, Division of Family Medicine, Yong Loo Lin School of Medicine, National University of Singapore (NUS)

Qualifications:

MBBS, University of Melbourne, Australia,
MD, University of Melbourne, Australia,
FRACGP, Fellow, Royal Australian College of General Practitioners, Australia

Prof Young is the inaugural Head of the Department of Family Medicine at NUHS. She has extensive experience in educating and training medical students, residents, general practitioners, and other health professionals in adolescent medicine, general practice, and primary care research. Her research focuses on trialling innovative models of care in the primary care setting to improve health outcomes for people with chronic diseases, particularly diabetes mellitus.

Awards

2005 - 2008 : Equity and Staff Development Award
in recognition of outstanding leadership and achievement in championing career development and equity for staff of the Faculty of Medicine, Dentistry and Health Sciences, University of Melbourne

Research Programmes

- Singapore Primary Care Cancer network (SPRiNT)
- NUHS Primary Care Network Quality Improvement Program
- Primary Care Research Unit

Research Interests

- Diabetes and Chronic Disease Management
- Innovative models of General/Family Practice integration into the health care system
- Adolescent Medicine and Young Peoples' health
- Healthy Longevity

Journals & Publications

1. Hua Yang, **Doris Young**, Jian Gao et al. Are blood lipids associated with microvascular complications among type 2 diabetes mellitus patients? A cross-sectional study in Shanghai, China" in Lipids in Health and Disease (2019) 18:18. doi.org/10.1186/s12944-019-0970-2
2. Rasekaba TM, Furler J, **Young D**, Liew D, Gray K, Blackberry I, et al. Using technology to support care in gestational diabetes mellitus: Quantitative outcomes of an exploratory randomised control trial of adjunct telemedicine for gestational diabetes mellitus (TeleGDM). Diabetes Research and Clinical Practice. 2018;142:276-85
3. O'Reilly, S.L., Dunbar, J.A., Best, J.D., Versace, V., Ford, D., **Young, D.**, Shih, S., Bills, R., Shepherdley, W., Janus, E.D.; MAGDA Study Group. Good4Mum: A general practice-based quality improvement collaborative for diabetes prevention in women with previous gestational diabetes. Prim Care Diabetes. 2018 Nov 15. pii: S1751-9918(18)30355-3. doi: 10.1016/j.pcd.2018.10.006
4. JS Furler, DN O'Neal, J Speight, J Manski-Nankervis, A Gorelik, E Holmes-Truscott, L Ginnivan, **D Young**, J Best, E Patterson, D Liew, L Segal, CR May, I Blackberry. Supporting insulin initiation in type 2 diabetes in primary care: Results of the Stepping Up pragmatic cluster randomised controlled clinical trial BMJ 2017;356:j783
5. Pennington AVR, O'Reilly SL, **Young D**, Dunbar JA. Improving follow-up care for women with a history of gestational diabetes: perspectives of GPs and patients. Australian Journal of Primary Health 01/2016; DOI:10.1071
6. Manski –Nankervis JA, Furler J, **Young D**, Patterson E, Blackberry I. Factors associated with relational coordination between health professionals involved in insulin initiation in the general practice setting for people with type 2 diabetes. J Adv Nurs 2015; doi: 10.1111/jan.12681

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