

## Dr Meena Sundram



**Designations:**

Family Physician, Senior Consultant, National University Polyclinics

**Qualifications:**

MBBS (S'pore), M Med (Family Medicine, S'pore), FAMS

Dr Meena is a Senior Consultant Family Physician in National University Polyclinics (NUP) and she leads the department of Family Medicine Development (FMD) in NUP since its establishment in 2017. Dr Meena and her team strongly believes that education is fundamental to robust clinical practice and the delivery of quality patient care and they take great effort in training a community of competent, nurturing and confident educators. Dr Meena is appointed as Assistant Professor for both NUS Yong Loo Lin School of Medicine and NTU Lee Kong Chian School of Medicine. She is also the member of FM Residency Standards Settings Committee and Core Faculty for NUHS Family Medicine Residency programme.

In addition to education and training, Dr Meena also provides oversight to the research activities in NUP in her capacity as the Research Director and Director of FMD. Dr Meena recognizes research as an essential component in the delivery of quality patient care. Her team facilitates and supports in-house research activities to increase research capability and capacity in NUP. Her team also promotes research activities in NUP for the improvement of healthcare services in primary care, particularly in Chronic Disease Management. FMD also foster and enhance collaboration within and beyond NUP and works closely with NUHS Department of Family Medicine Primary Care Research Unit (PCRU) and NUHS Research Office for research support.

## Awards

- 2020 : National Day Awards – PPA Bronze Award
- 2019 : NUHS Mochtar Riady Pinnacle Awards – Excellence Award

## Journals & Publications

1. Facilitators and Barriers of Managing Patients with Multiple Chronic Conditions in the Community: A Qualitative Study [2020]  
*Kah Mun Foo, Meena Sundram and Helena Legido-Quigley*
2. Rapid Geriatric Assessment Using Mobile App in Primary Care: prevalence of geriatric syndromes and review of its feasibility [2020]  
*Reshma Aziz Merchant, Richard Jor Yeong Hui, Sing Cheer Kwek, Meena Sundram, Arthur Tay, Jerome Jayasundram, Matthew Zhixuan Chen, Shu Ee Ng, Li Feng Tan, John E Morley*

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