

Dr Keith Tsou Yu Kei



Designations:

Family Physician, Senior Consultant, National University Polyclinics

Qualifications:

MB BCh (Wales), M.Med (Family Medicine), FCFP(S), FAMS

Dr Tsou is a Family Physician, Senior Consultant and Director, Clinical Services at National University Polyclinics (NUP). He oversees all aspects of clinical services, including professional standards, General Practitioner-Hospital collaborations, medical manpower, allied health services and medico-legal matters. He is also the Deputy Chairman/Deputy Chief Examiner (Joint Examinations) of the Family Medicine Examination Committee at the Ministry of Health. This role involves the development and standard setting of the M.Med (FM) and Graduate Diploma in Family Medicine examinations. He continues to practise and see patients in the Bukit Batok Polyclinic.

Awards

2019 : NUHS Tribute Night – Excellence Award

Journals & Publications

1. Lim, S.M., Siaw, M.Y.L., Tsou, K et al. Risk factors and quality of life of patients with high diabetes-related distress in primary care: a cross-sectional multicenter study. *Qual Life Res* (2019) 28: 491. <https://doi.org/10.1007/s11136-018-1994-1>
2. Mediators of medication adherence and glycaemic control and their implications for direct outpatient medical costs: a cross-sectional study. Z. K. Lum K. Y. K. Tsou J. Y-C. Lee *Diabetic Medicine*, 35, 6, (807-815), (2018)
3. Development of a collaborative algorithm for the management of type 2 diabetes during Ramadan: An anchor on empowerment. Z. K. Lum, W. Y. See Toh et al. *Diabetes Technology & Therapeutics*. Oct 2018.ahead of print. <http://doi.org/10.1089/dia.2018.0159>
4. Impact of pharmacist-involved collaborative care on the clinical, humanistic and cost outcomes of high-risk patients with type 2 diabetes (IMPACT): a randomized controlled trial. Siaw MYL, Ko Y, Malone DC, et al. *J Clin Pharm Ther*. 2017;42:475-482. <https://doi.org/10.1111/jcpt.12536>

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