

# COLORECTAL SUPPORT GROUP



**7 APRIL SATURDAY**

**Optimising Nutrition Before, During and After Treatment** by **Ms Esther Lin, Senior Dietitian**

Eating the right kinds of foods before, during, and after cancer treatment can help the patient feel better and stay stronger. At the same time learn how to tell the truths from the myths in your journey with cancer.



1030am - 12pm



Health Resource Centre  
NUH Medical Centre, L10, Corridor G



**Kimberley Chua**

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## Important

- Lunch will be provided
- Parking available at NUH Medical Centre



**National University  
Cancer Institute, Singapore**  
A member of the NUHS